



# buckle up

advice on keeping your  
baby safe on the move



there's **mothercare** in everything we do

## safety first

Most parents understand how important car safety is, but many people have trouble fitting and using car seats. Recent surveys have revealed that more than half of baby and child car seats are fitted incorrectly. That's why it's so important to read the instructions that come with your car seat.

This advisory card is full of useful information on how to make sure your baby or child travels safely at all times, no matter how short the journey.

## buying the right seat

- talk to our expert advisers instore. For a new baby you will need an infant carrier (or combination seat). Our store advisers can check that the seat you wish to buy is suitable for your car, and they can help you fit the seat.

## your guide to car seats

### the safest child seat is one that fits your child properly

- we know that determining which child seat is right for your child can sometimes be a challenge.
- to avoid confusion from the overlapping of weight ranges among restraint types, the table below can be used as a guide to the most suitable type.
- with road rules changing in every state it is also important to be aware of your legal obligations.

### before you start shopping, here are a few things to think about

- **it's never a good idea to buy a second-hand car seat**  
it may have been involved in an accident, or sustained damage and wear and tear that will reduce its effectiveness.
- **when it comes to buying, it's weight, not age, that matters**  
if your baby is below or above the recommended weight range for the seat, it may not offer the full protection.

	weight	birth to 9/12kg	birth to 18kg	8kg to 26kg	14kg to 26kg	26kg to 32kg	position
	age	birth to approx 6–12 mths	birth to approx 4 yrs	approx 6 mths–8yrs	approx 4yrs–8yrs	approx 8yrs–10yrs	
<b>1 infant carrier</b>		●					Rearward facing
<b>2 convertible car seat</b>			●				Rearward and forward facing
<b>3 harness booster</b>				●			Forward facing
<b>4 booster</b>					●		Forward facing
<b>5 child safety harness</b>						●	n/a

#### 1 infant carrier

Birth to 9–12kgs (approx birth to 6–12 months)

Rearward facing, an infant carrier is suitable from birth to 12kgs (approx. 12 months).

The carrier section of the restraint can be removed from the base, and a carry handle is used for transporting a young baby around with least disturbance.



#### 2 convertible car seat

Birth to 18kgs (approx birth to 4 years)

Convertible child seats protect through the next stage of a child's growth. 'Convertible' refers to the car seats design and ability to convert from rearward facing to forward facing position. To switch from rearward to forward facing there is a simple adjustment to the seats recline mechanism.



#### 3 harness booster

8kgs to 26kgs (approx 9 months to 7 years)

Harness booster seats offer the security of an internal harness. Safe-n-Sound harness boosters allow for removal of the internal harness when your child is over 18kgs. They can then be used with a Protecta Child Harness up until 26kgs.



#### 4 booster

14kgs to 26kgs (approx 3–7 years)

A booster seat with either a lap/sash seat belt or harness is recommended. Look for features such as adjustable head rest, deep side wings, and a sash guide to keep the seatbelt in place. Use an adult lap/sash seatbelt or a child harness in conjunction with the centre rear lap belt.



#### 5 child safety harness

26kgs and above (7 years or older)

Your child can now usually wear a seat belt, properly adjusted and securely fastened, without a booster cushion. A child harness can be used up to 32kg without a booster seat. If using a lap belt your child will not have upper torso support so it is essential to use a child harness.

